

# Center on Aging

Effective: Spring 2023

## Recommended Professional Electives for [Gerontology Secondary Major](#)

Students will choose the necessary credit hours of electives from this list based upon their professional goals. At least 9 elective credit hours must be taken in gerontology. Courses not listed here may be approved on a case-by-case basis by the gerontology advisor and/or program director.

### Electives (9 credit hours)

#### Gerontology

GERON 425	Introduction to Physical Health & Well-Being of Older Adults	Credits: 3
GERON 430	Introduction to Mental Health & Aging	Credits: 3
GERON 505	Introduction to Sexuality & Aging	Credits: 3
GERON 510	Introduction to Creativity & Aging	Credits: 3
GERON 525	Introductory Topics in Gerontology	Credits: 1-3
GERON 574	Introduction to Environments & Aging	Credits: 3
GERON 576	Introduction to Program Design, Implementation, & Evaluation in Gerontology	Credits: 3
GERON 577	Introduction to Policy & Advocacy in Gerontology	Credits: 3
GERON 578	Introduction to Aging Family Dynamics and Caregiving	Credits: 3
GERON 610	Seminar in Long-Term Care Administration	Credits: 3

#### Conflict Resolution

CNRES 530	Coping with Life Crises	Credits: 3
CNRES 531	Core Conflict Resolution	Credits: 3
CNRES 534	Conflict in Organizations	Credits: 3
CNRES 537	Elder and Family Decision Making	Credits: 3
CNRES 539	Grief and Loss Across the Lifespan	Credits: 3

#### Food, Nutrition, Dietetics, and Health

FNDH 132	Basic Nutrition	Credits: 3
FNDH 352	Personal Wellness	Credits: 3
FNDH 400	Human Nutrition	Credits: 3
FNDH 510	Life Span Nutrition	Credits: 2
FNDH 530	Nutrition Education in Extension	Credits: 1
FNDH 720/ HM 720	Administration of Health Care Organizations	Credits: 3

#### History

HIST 520	Death and Dying in History	Credits: 3
HIST 534	Social History of Medicine	Credits: 3

### **Hospitality Management**

HM 720/

FNDH 720 Administration of Health Care Organizations **Credits: 3**

### **Human Development and Family Science**

HDFS 510 Human Development and Aging **Credits: 3**

HDFS 654 Death and the Family **Credits: 2-3**

### **Interior Design**

ID 651 Design for Supportive Environments **Credits: 3**

### **Kinesiology**

KIN 335 Physiology of Exercise **Credits: 4**

KIN 381 Exercise and Chronic Disease **Credits: 3**

KIN 383 Exercise and Older Adults **Credits: 3**

KIN 419 Health Policy and Administration **Credits: 3**

KIN 612 Policy, Built Environment and Physical Activity **Credits: 3**

### **Music, Theater, and Dance**

THTRE 664 Creative Drama **Credits: 3**

THTRE 665 Drama Therapy with Special Populations **Credits: 3**

THTRE 675 Drama Therapy with Older Adults **Credits: 1-3**

### **Personal Financial Planning**

PFP 764 Estate Planning for Families **Credits: 3**

### **Philosophy**

PHILO 365 Medical Ethics **Credits: 3**

### **Psychology**

PSYCH 518 Introduction to Health Psychology **Credits: 3**

PSYCH 520 Life Span Personality Development **Credits: 3**

PSYCH 715 Psychology of Aging **Credits: 3**

### **Social Work**

SOCWK 320 Dynamics of Working with Older Adults **Credits: 3**

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