Name:	Ν	a	n	ſ	e	:
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ID:

NUTRITION AND HEALTH NHLTH Bachelor of Science

K-STATE CORE (34 HOURS)	> PROGRAM REQUIREMENTS (51 HOURS)			UNRESTRICTED ELECTIVES (35 HOURS)			
*K-State Core Course List: https://www.k-state.edu/provost/kstate-core/ English (6 hours) ENGL 100 (3) Expos Writing I	>Grades of C or better required for Program Requirements. If any of the following courses are applied to K-State Core requirements, please consult your advisor on additional courses to meet the 120 hours.			Only 100-799 level undergraduate courses may be applied. At least 16 hours of Unrestricted Electives must be upper-level courses (300-level or above) to reach the required 45 hours of upper-level coursework, or as			
ENGL 200 (3) Expos Writing II	>HHS Courses (3 Hours)			many as needed to meet the upper-level coursework threshold			
	HHS	100	(1)	WB 1: You & Community			
Communications (3 hours) One of the following courses	HHS	200	(1)	WB 2: Mind & Body			
COMM 106 (3) Public Speaking 1	HHS	300	(1)	WB 3: Money & Meaning			
COMM 109 (3) Public Speaking 1A, Honors							
	>Major Support	Course	s (16 H	ours)			
Math and Statistics (3 hours)	BIOL	198	(4)	Prin of Biology			
Math Pathway Course: STAT 225 Intro to Statistics	BIOL	441	(4)	Human Body I			
		AND					
U	BIOL	442	(4)	Human Body 2			
Natural and Physical Sciences (4-5 hours)		OR	. ,	· · · · · · · · · · · · · · · · · · ·		1	
One Subject area only, must include a lab	KIN	360	(8)	Anatomy & Physiology			
One subject area only, must include a lab							
	СНМ	110		Gen Chemistry		-	
	СНМ		(1)	Gen Chemistry Lab		┩───	l
Social Science (6 hours)		OR				╢───	l
At least 2 courses in 2 subject areas	CHM	210		Chemistry I Intro to Statistics**		╢───	l
	STAT	225	(3)	Intro to Statistics**		┦───	
	>Professional C	ourcoc.	Nutriti	on and Health (32 Hours)			Additional URE Available
Arts and Humanities (6 hours)	FNDH	115		Intro Hith & Nutr Professns			
At least 2 courses in 2 subject areas	FNDH	132	(3)	Basic Nutrition			
	FNDH	313	(4)	Science of Food			
	FNDH	400	(3)	Human Nutrition			
II II	FNDH	450	(2)	Nutr Assessment			
Free Electives (6 hours)	FNDH	510	(2)	Life Span Nutrition			
Any 100 or 200 level courses may apply.	FNDH	540	(2)	Nutr Education & Prog Plng			
	FNDH	575	(1)	Res in Health Sciences			
	FNDH	600	(3)	Public Health Nutr			
			(0)				
K-STATE CORE MET	>Additio	nal FND	H Cours	es (9 hours)			
		Ĩ					
University Degree Requirements					Scrades of Cor higher	aro roqui	red
Please refer to the University Handbook (Section F121) for Kansas Board of	_			>Grades of C or higher are required.			
Please refer to the University Handbook (Section F121) for Kansas Board of Regents (KBOR) and university requirements that all undergraduate students					120 Hours Required for Graduation		
must meet: https://www.k-		Gr Chk	Initial				
state.edu/provost/universityhb/fhsecf.html#undergraduatedegreerequirem							Fall 2025

state.edu/provost/universityhb/thsect.html#undergraduatedegreerequirem ents

*Please refer to the DARS audit for official application of credits.

**If not met through K-State Core requirements, STAT 225 is required