

Name: _____
ID: _____

NUTRITIONAL SCIENCES
NUTSC
Bachelor of Science

College of Health and Human Sciences
Kansas State University
CURRICULUM GUIDE

K-STATE CORE (34 HOURS)

*K-State Core Course List: <https://www.k-state.edu/provost/kstate-core/>

English (6 hours)

ENGL 100 (3) Expos Writing I
ENGL 200 (3) Expos Writing II

Communications (3 hours) *One of the following courses*

COMM 106 (3) Public Speaking 1
COMM 109 (3) Public Speaking 1A, Honors

Math and Statistics (3 hours)

Math Pathway Course: STAT 225 Intro to Statistics

Natural and Physical Sciences (4-5 hours)

One Subject area only, must include a lab

Social Science (6 hours)

At least 2 courses in 2 subject areas

Arts and Humanities (6 hours)

At least 2 courses in 2 subject areas

Free Electives (6 hours)

Any 100 or 200 level courses may apply.

K-STATE CORE MET

University Degree Requirements

Please refer to the University Handbook (Section F121) for Kansas Board of Regents (KBOR) and university requirements that all undergraduate students must meet: <https://www.k-state.edu/provost/universityhb/fhsecf.html#undergraduatedegree requirements>

PROGRAM REQUIREMENTS (82 HOURS)

**If any of the following courses are applied toward K-State Core Requirements, please consult your advisor on additional courses to meet the 120 hours.*

HHS Courses (3 Hours)

HHS 100 (1) WB 1: You & Community
HHS 200 (1) WB 2: Mind & Body
HHS 300 (1) WB 3: Money & Meaning

Math Requirement

STAT 225 (3) Intro to Statistics**

>Professional Courses (79 Hours)

>Grades of C or higher are required for all professional courses

>Biological Sciences (20 hours)

BIOL 198 (4) Prin of Biology
BIOL 255 (4) Gen Microbiology
BIOL 398 (4) Principles of Genetics
BIOL 441 (4) Human Body I
BIOL 442 (4) Human Body II

>Physical Sciences (27 hours)

BIOCH 521 (3) Gen Biochem
CHM 210 (4) Chemistry I
CHM 230 (4) Chemistry II
CHM 531 (3) Org Chemistry I
CHM 532 (2) Org Chemistry Lab
CHM 550 (3) Org Chemistry II
PHYS 113 (4) Gen Physics I
PHYS 114 (4) Gen Physics II

>Nutritional Sciences (32 hours)

FNDH 115 (3) Intro Hlth & Nutr Professns
FNDH 132 (3) Basic Nutrition
FNDH 313 (4) Science of Food
FNDH 400 (3) Human Nutrition
FNDH 450 (2) Nutr Assessment
FNDH 510 (2) Life Span Nutrition
FNDH 540 (2) Nutr Education & Prog Plng
FNDH 575 (1) Res in Health Sciences
FNDH 600 (3) Public Health Nutr
FNDH 620 (3) Nutr Metabolism
FNDH 631 (3) Clinical Nutrition I
FNDH 632 (3) Clinical Nutrition II

UNRESTRICTED ELECTIVES (4 HOURS)

Only 100-799 level undergraduate courses may be applied

		Additional URE Available

>Grades of C or higher are required.

120 Hours Required for Graduation

Gr Chk Initial Fall 2025

**Please refer to the DARS audit for official application of credits.*

***If not met through K-State Core requirements, STAT 225 is required*