

# Gerontology Secondary Major

## Gerontology Minor

Effective: Fall 2025

### Recommended Professional Electives for Gerontology Secondary Major Gerontology Minor

#### Electives 3-6 hours

These are recommended professional electives for the gerontology minor and secondary major. Students will choose either 3 hours (Minor) or 6 hours (Secondary Major). At least 3 elective credit hours must be taken in gerontology. Courses not listed here may be approved on a case-by-case basis by the gerontology advisor and/or program director.

#### Gerontology

- GERON 425 Introduction to Physical Health & Well-Being of Older Adults **Credits: 3**
- GERON 430 Introduction to Mental Health & Aging **Credits: 3**
- GERON 516 Introduction to Aging Veterans **Credits: 3**
- GERON 525 Introductory Topics in Gerontology **Credits: 1-3**
- GERON 530 Introduction to Sexuality & Aging **Credits: 3**
- GERON 540 Introduction to Creativity & Aging **Credits: 3**
- GERON 574 Introduction to Environments & Aging **Credits: 3**
- GERON 576 Introduction to Program Design, Implementation, & Evaluation in Gerontology **Credits: 3**
- GERON 577 Introduction to Policy & Advocacy in Gerontology **Credits: 3**
- GERON 578 Introduction to Aging Family Dynamics and Caregiving **Credits: 3**
- GERON 610 Seminar in Long-Term Care Administration **Credits: 3**

#### Conflict Resolution

- CNRES 530 Coping with Life Crises **Credits: 3**
- CNRES 531 Core Conflict Resolution **Credits: 3**
- CNRES 534 Conflict in Organizations **Credits: 3**
- CNRES 537 Elder and Family Decision Making **Credits: 3**
- CNRES 539 Grief and Loss Across the Lifespan **Credits: 3**

#### Food, Nutrition, Dietetics, and Health

- FNDH 132 Basic Nutrition **Credits: 3**
- FNDH 252 Personal Wellness **Credits: 3**
- FNDH 400 Human Nutrition **Credits: 3**
- FNDH 510 Life Span Nutrition **Credits: 2**
- FNDH 530 Nutrition Education in Extension **Credits: 1**
- FNDH 720/ MPH 720 - Administration of Health Care Organizations **Credits: 3**

#### History

- HIST 520 Death and Dying in History **Credits: 3**
- HIST 534 Social History of Medicine **Credits: 3**

**Human Development and Family Science**

- HDFS 510 Midlife to Late Adult Development
- HDFS 654 Death and the Family

**Credits: 3****Credits: 2-3****Interior Design**

- ID 651 Design for Supportive Environments

**Credits: 3****Kinesiology**

- KIN 335 Physiology of Exercise
- KIN 381 Exercise and Chronic Disease
- KIN 383 Exercise and Older Adults
- KIN 419 Health Policy and Administration
- KIN 612 Policy, Built Environment and Physical Activity

**Credits: 4****Credits: 3****Credits: 3****Credits: 3****Credits: 3****Music, Theater, and Dance**

- THTRE 664 Creative Drama
- THTRE 665 Drama Therapy with Special Populations
- THTRE 675 Drama Therapy with Older Adults

**Credits: 3****Credits: 3****Credits: 1-3****Personal Financial Planning**

- PFP 764 Estate Planning for Families

**Credits: 3****Philosophy**

PHILO 365 - Medical Ethics

**Credits: 3****Psychology**

- PSYCH 518 Introduction to Health Psychology
- PSYCH 520 Life Span Personality Development
- PSYCH 715 Psychology of Aging

**Credits: 3****Credits: 3****Credits: 3****Social Work**

- SOCWK 320 Dynamics of Working with Older Adults

**Credits: 3**

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