

Name: \_\_\_\_\_  
ID: \_\_\_\_\_

HUMAN DEVELOPMENT AND FAMILY SCIENCE  
HDFC  
Bachelor of Science

College of Health and Human Sciences  
Kansas State University  
CURRICULUM GUIDE

**K-STATE CORE (34 HOURS)**

\*K-State Core Course List: <https://www.k-state.edu/provost/kstate-core/>

**English (6 hours)**

ENGL 100 (3) Expos Writing I  
ENGL 200 (3) Expos Writing II

**Communications (3 hours)** One of the following courses

COMM 106 (3) Public Speaking 1  
COMM 109 (3) Public Speaking 1A, Honors

**Math and Statistics (3 hours)**

Math Pathways Course: MATH 160 Contemporary Math

**Natural and Physical Sciences (4-5 hours)**

One Subject area only, must include a lab

**Social Science (6 hours)**

At least 2 courses in 2 subject areas

**Arts and Humanities (6 hours)**

At least 2 courses in 2 subject areas

**Free Electives (6 hours)**

Any 100 or 200 level courses may apply.

**K-STATE CORE MET**

**University Degree Requirements**

Please refer to the University Handbook (Section F121) for Kansas Board of Regents (KBOR) and university requirements that all undergraduate students must meet: <https://www.k-state.edu/provost/universityhb/fhsecf.html#undergraduatedegree requirements>

**PROGRAM REQUIREMENTS (66 HOURS)**

\*If any of the following courses are applied to K-State Core requirements, please consult your advisor on additional courses to meet the 120 hours.

**HHS Courses (3 Hours)**

HHS 100 (1) WB 1: You & Community  
HHS 200 (1) WB 2: Mind & Body  
HHS 300 (1) WB 3: Money & Meaning

**Math Requirement**

MATH 160 (3) Contemporary Math\*\*

**>Professional Courses (45 Hours)**

>Grades of C or higher required on all professional courses

ECED 310 (3) Early Childhood  
HDFS 110 (3) Intro to Human Dev  
HDFS 250 (3) Interpersonal & Fam Rel  
HDFS 301 (3) Interpersonal Skills  
HDFS 302 (3) Intro to Hum Sexuality  
HDFS 375 (3) Intro Res Meth HDFS  
HDFS 460 (3) Family Policy  
HDFS 506 (3) Adolsc/Emerging Adult Dev  
HDFS 510 (3) Midlife/Late Adult Dev  
HDFS 550 (3) App Theories in HDFS  
HDFS 552 (3) Social Justice/Fam Context  
HDFS 570 (3) Prog Dev/Implement

Two of the following courses

HDFS 305 (3) Family Violence Across Lifespan  
HDFS 525 (3) Commun Mental/Relat Hlth  
CNRES 530 (3) Coping w/ Life Crisis

Choose one of the following:

PFP 105 (3) Intro PFP  
PFP 315 (3) Love and Money

**>Minor, Certificate, Concentration/Career (18 hours)**

In consultation with advisor, select 18 hours related to academic and professional goals. At least 9 hours must be at the 300-level or above. Students are encouraged to consider minors, certificates, and career track options identified by the HDFS faculty. In addition, students are encouraged to participate in experiential learning opportunity (e.g. internship, research experience, etc.) related to minor, certificate, or concentration/career-track selected.

300 level and above (9 hours)

100-699 level (9 hours)

**UNRESTRICTED ELECTIVES (20 HOURS)**

\*Only 100-799 level undergraduate courses may be applied.

Additional URE Available

>Grades of C or higher are required.

**120 Hours Required for Graduation**

Gr Chk \_\_\_\_\_ Initial \_\_\_\_\_

Fall 2025

\*Please refer to the DARS audit for official application of credits.

\*\*If not met through K-State Core requirements, MATH 160 is required