

Name: \_\_\_\_\_  
ID: \_\_\_\_\_

## INTEGRATIVE HUMAN SCIENCES

### IHS

#### Bachelor of Science

## College of Health and Human Sciences

### Kansas State University

#### CURRICULUM GUIDE

#### K-STATE CORE (34 HOURS)

\*K-State Core Course List: <https://www.k-state.edu/provost/kstate-core/>

##### English (6 hours)

ENGL 100 (3) Expos Writing I  
ENGL 200 (3) Expos Writing II

##### Communications (3 hours) *One of the following courses*

COMM 106 (3) Public Speaking 1  
COMM 109 (3) Public Speaking 1A, Honors

##### Math and Statistics (3 hours)

*Math Pathway Course: MATH 160 Contemporary Math*

##### Natural and Physical Sciences (4-5 hours)

*One Subject area only, must include a lab*

##### Social Science (6 hours)

*At least 2 courses in 2 subject areas*

##### Arts and Humanities (6 hours)

*At least 2 courses in 2 subject areas*

##### Free Electives (6 hours)

*Any 100 or 200 level courses may apply.*

☐ K-STATE CORE MET

#### University Degree Requirements

Please refer to the University Handbook (Section F121) for Kansas Board of Regents (KBOR) and university requirements that all undergraduate students must meet: <https://www.k-state.edu/provost/universityhb/fhsecf.html#undergraduategreerequirements>

#### PROGRAM REQUIREMENTS (80 HOURS)

*\*If any of the following courses are applied to K-State Core requirements, please consult your advisor on additional courses to meet the 120 hours.*

##### HHS Courses (3 Hours)

HHS 100 (1) WB 1: You & Community  
HHS 200 (1) WB 2: Mind & Body  
HHS 300 (1) WB 3: Money & Meaning

##### Math Requirement

MATH 160 (3) Contemporary Math\*\*

##### >Professional Courses (77 Hours)

*>C or better required for all professional courses*

IHS 110 (1) Intro Integ Human Sci  
IHS 310 (3) Foundns of Integ Human Sci  
IHS 399 (1) IHS Applied Learning Or  
IHS 400 (3) Applied Learning Experience\*  
*\*Must enroll in IHS 400 for 3 hours*

HDFS 110 (3) Intro to Human Dev  
HDFS 250 (3) Interpersonal & Fam Rel

##### Choose one course from the following:

CNRES 300 (3) Intro to Conflict Resolution  
CNRES 531 (3) Core Conflict Resolution  
CNRES 532 (3) Conflict Resoln Cult/Contx  
CNRES 534 (3) Conflict in Organizations

#### UNRESTRICTED ELECTIVES (6 HOURS)

*Only 100-799 level undergraduate courses may be applied*

☐ Additional URE Available

>Grades of C or higher are required.

Gr Chk  Initial  Fall 2025

#### 120 Hours Required for Graduation

*\*Please refer to the DARS audit for official application of credits.*

*\*\*If not met through K-State Core requirements, MATH 160 is required*

#### >Areas of Concentration (60 Hours)

*In consultation with advisor, students select 60 additional credit hours organized into FOUR area of concentration related to their personal professional goals. Areas of concentration can be minors and certificates. 15 of the 60 hours must be within the College of Health & Human Sciences~, and at least 34 of the 60 hours must be upper-level. Additional upper-level hours may be required to meet degree requirements.*

Check boxes to right to track graduation requirements are met:

HHS UL

Area of Concentration #1


Area of Concentration #2


Area of Concentration #3


Area of Concentration #4
