Name: _____

ID: _____

KINESIOLOGY
KINES
Bachelor of Science in Kinesiology

Department of Kinesiology
College of Health and Human Sciences
Kansas State University

GENERAL STUDIES (48-51 HOURS)

Communications (8-9 hours)

	ENGL	100	(3)	Expos Writing I
	ENGL	200	(3)	Expos Writing II

One of the following two courses

	COMM	105	(2)	Public Speaking IA
	OR			
	COMM	106	(3)	Public Speaking 1

Social Science (9 hours)

	ECON	110	(3)	Prin of Macroecon
	PSYCH	110	(3)	Gen Psychology
	SOCIO	211	(3)	Intro Sociology

Humanities (6 hours)

(Only course of 3 credits or more will apply)

_____ _____ _____

Sciences (16-17 hours)

	BIOL	198	(4)	Prin of Biology
	BIOL	441	(4)	Human Body I
	AND			
	BIOL	442	(4)	Human Body II
	OR			
	KIN	360	(8)	Anatomy & Physiology

Must complete one of the following courses:

	BIOCH	265	(5)	Intro Org/Biochem
	OR			
	CHM	_____	(4)	_____
				(Chemistry course w/lab)
	OR			
	PHYS	_____	( )	_____
				(Physics course w/lab)

Quantitative Studies (6-7 hours)

	MATH	100	(3)	College Algebra
	OR			
	MATH	150	(3)	Plane Trigonometry
	OR			
	MATH	220	(4)	Analy Geom/Calc I
	STAT	325	(3)	Intro to Statistics
	OR			
	STAT	340	(3)	Biometrics I

Integrative Health & Human Sciences Core (3 hours)

	HHS	101	(0.5)	Intro to Well-being
	HHS	201	(0.5)	Commun Well-being
	HHS	202	(0.5)	Social Well-being
	HHS	203	(0.5)	Finan Well-being
	HHS	204	(0.5)	Phys Well-being
	HHS	301	(0.5)	Career Well-being

UNRESTRICTED ELECTIVES (30-33 HOURS)

(Only 100-799 level undergraduate courses may be applied)

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_____ Additional URE available

120 Hours Required for Graduation

>Grades of C or higher are required.

A minimum grade of C and GPA of 2.2 is required for all Kinesiology core courses meeting degree requirements.

College of Health and Human Sciences requires **a "C" or higher in "Professional Studies" courses, and the K-State 8 requirements must be met.**

University & Board of Regents Requirements - All students:

- A maximum of 60 credits from an accredited two-year institution may be used toward degree requirements (half of the credits required).
- Must complete at least 30 K-State resident credits for degree consideration.
- Must complete 20 of the last 30 hours of resident credit at K-State.
- A minimum of 45 hours must be at a course level of 300 or above.

> PROFESSIONAL STUDIES (39 HOURS)

(Grades of 'C' or higher and GPA of 2.2 required)

>Kinesiology Lower Level Core Courses (18 hours)

	KIN	220	(4)	Biobehav Bases/Phys Act
	KIN	310	(4)	Measur/Res Kines
	KIN	335	(4)	Physiology/Exercise
	KIN	336	(1)	Phys Exer Lab
	KIN	345	(5)	Exercise Behav Sci

>Kinesiology Upper-Level Core Courses (21 hours)

>Exercise Physiology (3 hours)

(Select one 3-hour course from the following.)

	KIN	601	(3)	Cardiorespir Phy
	KIN	603	(3)	Cardiovascular Phys
	KIN	607	(3)	Muscle Physiology
	KIN	611	(3)	Autonomic Neurophys

>Exercise Behavioral Science (3 hours)

(Select one 3-hour course from the following.)

	KIN	602	(3)	Soc Str Determ Phys Act
	KIN	610	(3)	Program Plan/Eval
	KIN	612	(3)	Policy/Blt Env/Phys Act
	KIN	616	(3)	Obesity & Activity
	KIN	655	(3)	Indiv Phys Act

>Kinesiology Elective Courses 300-Level or higher (15 hours)

Select 15 credit hours of aditional upper level KIN courses. At least one elective must be at the 600-level or higher UG course.)

	KIN*	_____	(3)	_____
	KIN	_____	(3)	_____
	KIN	_____	(3)	_____
	KIN	_____	(3)	_____
	KIN	_____	(3)	_____

	K-STATE 8 REQUIREMENTS MET		
Gr Chk		Initial	

Fall 2022