# Bachelor of Science in Kinesiology

## General Studies (48-51 Hours)

### Communications (8-9 hours)
- ENGL 100 (3) Expository Writing I
- ENGL 200 (3) Expository Writing II
- One of the following two courses:
  - COMM 105 (2) Public Speaking IA
  - COMM 106 (3) Public Speaking I

### Social Science (9 hours)
- ECON 110 (3) Principles of Macroeconomics
- PSYCH 110 (3) General Psychology
- SOCIO 211 (3) Introduction to Sociology

### Humanities (6 hours) *(Only course of 3 credits or more)*
- [Select one course from the following](#)

### Sciences (16-17 hours)
- BIOI 198 (4) Principles of Biology
- BIOI 441 (4) Human Body I
- BIOI 442 (4) Human Body II
- OR
- KIN 360 (8) Anatomy and Physiology
- [Must complete one of the following courses](#)
  - BIOCH 265 (5) Intro Organic & Biochemistry
  - CHM 100 (5) General Chemistry I
  - PHYS 200 (5) Physics I

### Integrative Health & Human Sciences Core (3 hours)
- HHS 101 (0.5) Intro to Well-being
- HHS 201 (0.5) Community Well-being
- HHS 202 (0.5) Social Well-being
- HHS 203 (0.5) Financial Well-being
- HHS 204 (0.5) Physical Well-being
- HHS 301 (0.5) Career Well-being

### Quantitative Studies (6-7 hours)
- MATH 100 (3) College Algebra
- OR
- MATH 150 (3) Plane Trigonometry
- OR
- MATH 220 (4) Analytic Geometry & Calculus I
- OR
- STAT 325 (3) Intro to Statistics
- OR
- STAT 340 (3) Biometrics I

### Unrestricted Electives (30-33 Hours)
*(Only 100-799 level undergraduate courses may be applied)*
- [Select one course from the following](#)
- [Select one course from the following](#)

### Kinesiology Lower-Level Core Courses (18 hours)
- KIN 200 (4) Biobehavioral Bases of Physical Activity
- KIN 301 (3) Measurement & Resrch Techn. Kines
- KIN 335 (4) Physiology of Exercise
- KIN 336 (1) Physiology of Exercise Lab
- KIN 345 (5) Exercise Behavioral Science

### Exercise Physiology (3 hours)
- [Select one 3-hour course from the following](#)
- [Select one 3-hour course from the following](#)

### Exercise Behavioral Science (3 hours)
- [Select one 3-hour course from the following](#)
- [Select one 3-hour course from the following](#)

### Kinesiology Elective Courses 300-Level or Higher (15 hours)
*(Select 15 credit hours of additional upper level KIN courses. At least one elective must be at the 600-level or higher UG course.)*
- [Select one 3-hour course from the following](#)
- [Select one 3-hour course from the following](#)
- [Select one 3-hour course from the following](#)

### Grades of "C" or higher are required AND a GPA of 2.2 is required for all Kinesiology core courses meeting degree requirements.

### 120 Hours Required for Graduation

- [Grades of "C" or higher are required](#)
- [K-State 8 REQUIREMENTS COMPLETE](#)

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**Footnotes:**
- The College of Health and Human Sciences requires a "C" or higher in *Professional Studies* courses, and the K-State 8 requirements must be met.
- Up to half of the credits required for a four-year degree may be completed at an accredited two-year college.
- Maximum of 60 credits from a two-year institution.
- Each student must complete at least 30 K-State resident credits to be considered for a degree from K-State. Further, the student must complete 20 of the last 30 hours of resident credit at K-State. A minimum of 45 hours must be at a course level of 300 or above.

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**Department of Kinesiology**

**College of Health and Human Sciences**

**Kansas State University**

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**Fall 2020**